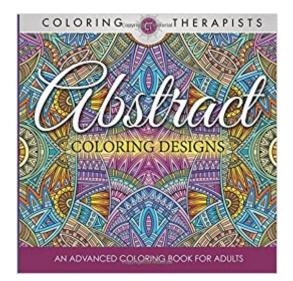
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# Abstract Coloring Designs: An Advanced Coloring Book For Adults





## Synopsis

Whoâ <sup>™</sup>s up for some abstract painting? Maybe not on canvass but on sheets of pages. Coloring releases your inner artist. It is one of the few activities out there that let you decide on your own and come up with beautiful works of art every time. The power of coloring lies in its many possible combinations. Are you ready to see what you can do with a coloring tool?

## **Book Information**

Paperback: 62 pages Publisher: Speedy Publishing LLC (April 3, 2016) Language: English ISBN-10: 1683059530 ISBN-13: 978-1683059530 Product Dimensions: 8.5 x 0.1 x 8.5 inches Shipping Weight: 6.2 ounces (View shipping rates and policies) Average Customer Review: 4.2 out of 5 stars Â See all reviews (340 customer reviews) Best Sellers Rank: #44,906 in Books (See Top 100 in Books) #37 in Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Mandalas & Patterns #66 in Books > Self-Help > Art Therapy & Relaxation #185 in Books > Self-Help > Stress Management

#### **Customer Reviews**

This ebook is not meant for reading or coloring. It's meant to trick you into signing up for a mailing list where content farms and desperate self-published authors hock their mediocre books in the hopes you'll increase their sale rankings through free purchases and reviews. It's super scammy and an insult to buyers. As with every other ebook I've reviewed from this publisher, the text was outsourced to a content farm or freelancer who writes an essay-style intro about the topic, similar to what your 4th grader would write for Common Core. They use the exact same text in every one of their coloring books. The art they use is clipart, stock photos, and pieces they stole from other artists--none of which are ever credited. I've included samples of the coloring cutouts included in this "preview" which show that it's zentangle-style and obviously from multiple sources (I reverse image searched to find them) and are of varying image quality. Since the link to the coloring pages email list is broken, there's no way to tell if the full resolution images are any better quality, but the included images are low quality. While the coloring page link was suspended by the ISP (very telling), the link to the "I Just Read It" book club will in fact sign you up to receive even more discounted, poor-quality books from content farms and desperate authors. That's the goal of these

scammy publishers: they create mediocre content to get you to sign up for more mediocre content which they use to sell their mailing list services to mediocre authors or other content farms. The actual content they produce is garbage, and it's completely unrelated to the book you found the link in.

Somehow my review got lost so I am going to type it once more. The important thing to understand is that this book is not a product to download and to color the abstracts. This book explains thoroughly the science behind coloring! The bonus part is that there are links to site where pages can be print out. This is very good, and I will explain why in a bit. First let me explain that I am a single mother with 3 children. I work full time and my job requires frequent travel. This means that I spend a good portion of my time in hotel rooms and airports. If that were not enough I am also a full time student trying to finish my degree in Public Health. To say my life is stressful is an understatement. Normally to distress I try to pick up a nice mystery novel which takes me away from reality for a bit. I love to read!. Unfortunatly when I go to pick up a book now I feel guilty because I feel I should be studying or doing more work. I started picking up coloring books that I found visually appealing. Some I use on my kindle and I also have one that I like to carry around in my suitcase. When I color I feel like I am able to focus (I have ADD) and that I am kind of zoning as I color. The reason this book is so awesome is simply that it tells you the science behind why coloring is effective and calming and I now know its is most certainly NOT a waist of time! On top of that it is good for certain health conditions. A few that are listed in the book I also struggle with. Lastly I will say that I have a friend who is set to deliver her baby in the next two weeks. She has been nervous about this because of the fact that last pregnancy she went into post partum depression.

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